



# STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS

## 2022 Outbound Program Terms & Conditions

The **2022 Outbound Program Terms and Conditions** as outlined below pertain to the 2022 States' 4-H International Exchange Programs Outbound Programs. States' 4-H International reserves the right to modify these Terms and Conditions at its discretion. When or if changes do occur, States' 4-H will make a new copy of the Terms and Conditions available in an expedient manner.

### **Application & Acceptance**

Applications for the 2022 States' 4-H International Outbound Exchange Programs are due by January 15, 2022. Once you apply and submit your application, you agree to:

- Follow the program deadlines as outlined below
- Adhere to the full **2022 Outbound Program Terms and Conditions**, including the Delegate Code of Conduct
- Notify your State Coordinator immediately if you wish to cancel your program participation

### **Program Fees & Deadlines**

The below table outlines the key program deadlines throughout the year, including payment schedules and document submissions to States' 4-H. In some instances, individual states may set deadlines that are slightly different than the ones listed below. Please check with your State Coordinator for your state-specific deadlines.

Please note that only fully-paid delegates will be allowed to participate in departure orientations and international travel.

Date Due to States' 4-H	Materials Due to States' 4-H
January 15, 2022	<ul style="list-style-type: none"><li>➤ Completed Application</li><li>➤ First Program Deposit</li></ul>
March 15, 2022	<ul style="list-style-type: none"><li>➤ Signed Acceptance Letter</li></ul>
March 15, 2022	<ul style="list-style-type: none"><li>➤ Second Program Deposit</li></ul>
March 15, 2022	<ul style="list-style-type: none"><li>➤ Medical Form &amp; Passport Scan</li></ul>
May 1, 2022	<ul style="list-style-type: none"><li>➤ Remaining Program Balance</li></ul>

Program fees include:

- Welcome packet; overnight national departure orientation; arrival orientation in host country; portion of chaperone fee; Accident & Sickness Medical Insurance; in-country transportation, lodging, and meals while on-program<sup>1</sup>; country-specific activities as determined by international partner organizations.

Program fees do *not* include:

- Round-trip airfare from applicant's home airport; potential unaccompanied minor fees as required by airlines; travel agent booking fees; applicable checked baggage fees; medical appointments prior to travel; vaccinations; applicable passport application fees and/or visa costs; personal spending money.

<sup>1</sup> Lunches during the Nihongo program are not included.



# STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS

## 2022 Outbound Program Terms & Conditions

### Program Activities

- **Departure Orientations:** States' 4-H delegates will participate in both state-level and national pre-departure orientations prior to international travel to familiarize themselves with their travel cohort, review States' 4-H policies and procedures, and prepare for their international travel.
- **Arrival Orientation:** Upon arrival in their country of travel, delegates will spend 1-2 days as a group participating in an arrival orientation prepared by States' 4-H international partner organizations prior to meeting their host families.
- **Immersive Homestay Experience:** Delegates will spend approximately one month with a pre-screened host family to experience the everyday life and culture of another country. *(Please note that this does not apply to the Argentina program, which will be housed in group lodging for the duration of the program).*
- **Departure Debriefing:** At the conclusion of the homestay experience, delegates will reconvene to reflect on their experiences, plan on how to remain connected, and prepare for departure to the United States
- **Additional Activities:** Additional activities as planned by the States' 4-H international partner organizations can include sightseeing, cultural excursions, participation in 4-H programming, overnight camps, etc...

*Please note that program activities and details are subject to change or alteration*

### Program Cancellation & Refund Policy

The program cancellation and refund policy outlined below will be strictly adhered to in order to ensure consistency and fairness across all programs and participants.

#### University Mandated Cancellation

Should a delegate be forced to cancel their participation in the Outbound Programs due to a University travel restriction in their state, all program deposits will be refunded to that delegate, except cost of airline tickets (if already purchased). These requests **MUST** be received before April 1, 2022 for all Outbound programs *(except for Japan 8-Week, which must be received by March 15).*

#### Individual Voluntary Cancellation

Should an individual delegate voluntarily decide to cancel their participation after being accepted to the program, the following cancellation fees will be applied:

- Prior to March 31, 2022: \$100 cancellation fee. The remaining amount of paid program deposits will be refunded to the applicant *(Japan 8-Week cancellation must be received by March 15).*
- After April 1, 2022: No refund of paid deposits, unless full program is cancelled by States' 4-H *(no refund for Japan 8-week after March 15).*

#### States' 4-H Program Cancellation (due to unforeseeable world events, natural disasters, pandemics, etc...)

States' 4-H will closely monitor the evolving situation and the travel recommendations and guidelines set forth by the Center for Disease Control (CDC), U.S. Department of State, and our international partners. States' 4-H will make a cancellation decision that prioritizes the health and safety of our delegates and host families at the appropriate time, but no later than **40 days before program departure date**. Should the program be cancelled, States' 4-H will refund each delegate all money previously paid on behalf of that delegate, EXCEPT the cost of the airline ticket(s). Airline tickets are non-refundable once purchased. It is possible that an airline will provide credits for unused tickets, but this is not guaranteed.

### International Travel Provisions

#### A. International Flights

- a. Applicants will designate two local airport options as their preferred airports for air tickets. States' 4-H will purchase air tickets on the designated program dates at their discretion, based upon flight routing and flight cost. Airline tickets are typically issued in mid- to late-February.
- b. Prior to final flight purchase, program travel dates may fluctuate 1-2 days based upon flight availability. It is recommended that applicants reserve these additional dates for potential travel.





# STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS

## 2022 Outbound Program Terms & Conditions

- c. In the event that an applicant's preferred airports cannot be accommodated (based upon airport location, flight cost, scheduling, routing, or other exception), States' 4-H may use an alternate airport within approximately 100 miles of the applicant's home address for international travel.
- d. Flights may depart as early as 5:00 AM and return as late as 12:00 AM.
- e. **Airfare is non-refundable and non-transferable once issued.** IF a delegate or family wishes to purchase travel insurance (also known as trip protection) it is their responsibility to research and purchase an appropriate plan.
- f. Flights will be booked using the applicants **full name** and **date of birth** as indicated in the *Personal Information* section of the Outbound application. It is the applicant's responsibility to ensure that their name and date of birth *exactly* matches their passport. In the event that an applicant does not yet have a passport at the time of application, they should ensure that they apply for one using the *exact* name that they recorded on the application. Any additional airfare and/or ticket change fees that occur as a result of an incorrect name/date of birth are the responsibility of the applicant.
- g. Applicants **MUST** adhere to international itinerary purchased on their behalf by States' 4-H. Applicants may not 'extend' their travel or modify their itinerary in any way.
- h. Applicant's airline miles cannot be used to purchase flights.
- i. In the event of an unanticipated world incident (such as an international health crisis, natural disaster, etc...), States' 4-H will make every effort to *delay* international ticket purchasing to continue monitoring the situation and to mitigate potential financial risk to families.

### B. Baggage Policy

Applicants are required to bring only **one** checked bag during international travel. All checked baggage fees incurred on domestic and/or international flights are the responsibility of the applicant.

### C. Passport Information

Applicants must have a passport that is valid for at least 6 months after their intended return date. Applicants under 16 years of age must apply in-person. More information can be found at the following link: <https://travel.state.gov/content/travel/en/passports/apply-renew-passport.html>

### D. Unaccompanied Minor Fees

Based upon their age and the airline requirements, in some instances applicants may incur Unaccompanied Minor fees during their domestic travel. While these policies vary by airline, the general policy is that a traveler is considered an "Unaccompanied Minor" if they are under the age of 15 and are *not* traveling with anyone 18 years of age or older. Unaccompanied Minor fees are approximately \$150 each way. Any Unaccompanied Minor fees incurred during the participation in a States' 4-H Outbound Program are the responsibility of the applicant.

## Safety Guidelines

While under the sponsorship of States' 4-H, covering the time period when the participant departs his/her home state until he/she returns to his/her home state, the participant may *not* participate in any high-risk activities, including but not limited to, the following:

- |                                  |                      |  |
|----------------------------------|----------------------|--|
| • hunting                        | • hang gliding       | • motorcycle/motor scooter driving/riding        |
| • paintballing                   | • glider riding      | • operating motorized lawn equipment             |
| • mountaineering & rock climbing | • parachuting        | • operating farm equipment                       |
| • scuba diving                   | • parasailing        | • driving/riding motorized recreational vehicles |
| • jet-skiing                     | • hot air ballooning | • driving/riding all-terrain vehicles            |
| • snorkeling                     | • sky diving         | • horse racing                                   |
| • bungee jumping                 | • driving            | • spelunking                                     |

## Program Evaluations

At periodic intervals throughout the program, States 4-H may administer program evaluations to assess participant outcomes and identify ways to improve future programming. Participants must complete all program evaluations as part of their participation in the States' 4-H Outbound Programs.





# 2022 NORWAY EXCHANGE

Join a *HOMESTAY EXCHANGE* and

*immerse yourself in another culture!*



Curious about how the other side of the world lives?

Live with a host family in Norway and immerse yourself in a world that most tourists rarely get to see. You'll share everyday life with friends and relatives in your community and build friendships that will last a lifetime.

## STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

Dates:	June 22 — July 22, 2022
Capacity:	20 delegates maximum, 5 delegates minimum
Cost:	\$2,395 + airfare estimate (\$1,300 - \$2,000) + \$50 travel agent fee. (Airfare varies based on applicant's location)



Delegates arrive in Oslo for a two-night arrival orientation, which includes an introduction to Norwegian culture and basic language phrases. Afterwards, delegates meet their Norwegian 4-H host family and begin their 4-week homestay. A host sibling of similar age is not guaranteed, and delegates may have more than one host family during their stay. The program concludes with a departure debriefing in Oslo.

### Program Timeline\*:

#### Program Fees Include:

- Overnight National Departure Orientation in a U.S. gateway city the day before the international flight
- Two-night arrival orientation in Oslo
- Sightseeing and cultural excursions in Oslo
- In-Norway expenses: lodging, meals, transportation
- Orientation materials and States' 4-H t-shirts
- Accident & Sickness Insurance
- A portion of adult chaperone expenses

January 15:	Application & \$1,500 first deposit due to States' 4-H Office**
February:	States' 4-H notifies applicant of acceptance
March 15:	\$1,500 second deposit due to States' 4-H Office
March 15:	Medical form & Passport due to States' 4-H Office
April:	States' 4-H issues air tickets
Early Spring:	State-level orientations
May 1:	Third and final deposit due to States' 4-H Office
Late Spring	National orientation for all Norway delegates
June 22:	Students fly to a U.S. gateway city for National Departure Orientation the day before the international flight.

*\*Some states may have an earlier timeline set in order to approve documents before they are forwarded to the National Office.*

*\*\*First payment will not be deposited until applicant is accepted in February*





# 2022 SOUTH KOREA EXCHANGE

Join a HOMESTAY EXCHANGE and  
immerse yourself in another culture!



Are you curious about daily life, culture, and 4-H in other countries?

Stay with a host family in South Korea and immerse yourself in a world that most tourists rarely get to see. You'll share everyday life with friends and relatives in your host community and build friendships that will last a lifetime.

## STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

Dates:	July 20 – August 18, 2022
Capacity:	15 delegates maximum, 5 delegates minimum
Cost:	\$2,450 + airfare estimate (\$1,300 - \$2,300) + \$50 travel agent fee (Airfare varies based upon applicant's location)



Delegates arrive in Seoul for a two-night arrival orientation led by Korea 4-H, which includes an introduction to Korean culture and basic language phrases. Afterwards, delegates meet their Korea 4-H host family and begin their homestay. Delegates may have 2 different host families during the program. Delegates also attend a 4-H International Camp for 2-3 days where they will meet other foreign delegates and participate in cultural exchange activities. The program concludes with sightseeing in Seoul and a departure debriefing.

### Program Fees Include:

- Overnight National Departure Orientation in U.S. gateway city
- Two-night arrival orientation in Seoul
- Sightseeing and cultural excursions in Seoul
- In- South Korea expenses: lodging, meals, transportation
- 4-H International Exchange Camp
- Orientation materials and States' 4-H t-shirts
- Accident & Sickness Insurance
- A portion of adult chaperone expenses

### Program Timeline\*:

<b>January 15:</b>	<b>Application &amp; \$1,500 first deposit due to States' 4-H Office**</b>
February:	States' 4-H notifies applicant of acceptance
March 15:	\$1,500 second deposit due to States' 4-H Office
March 15:	Medical form & Passport due to States' 4-H Office
April:	States' 4-H issues air tickets
Early Spring:	State-level orientations
May 1:	Third and final deposit due to States' 4-H Office
Late Spring	National orientation for all South Korea delegates
July 20:	Students fly to a U.S. gateway city for National Departure Orientation the day before the international flight.

\*Some states may have an earlier timeline set in order to approve documents before they are forwarded to the National Office.

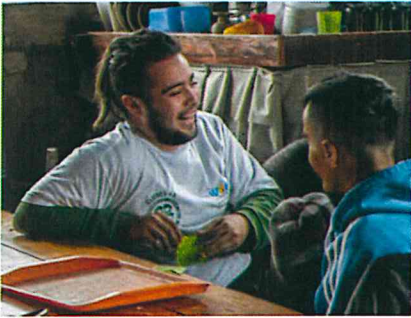
\*\*First payment will not be deposited until applicant is accepted in February





# 2022 ARGENTINA EXCHANGE

Travel on a **GROUP EXCHANGE** and  
immerse yourself in another culture!



## Introducing our newest Outbound Exchange Program!

Develop your global perspectives and cross-cultural understanding while participating in **group activities** in and near Córdoba, Argentina.

### STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

- Dates:** June 29—July 17, 2022
- Capacity:** 15 delegates maximum, 5 delegates minimum
- Cost:** \$1,895 + airfare estimate (\$1,300 - \$2,000) + \$50 travel agent fee  
(Airfare varies based upon applicant's location)



Delegates will stay in group accommodations in **Córdoba, Argentina** (arranged by Argentina 4-H) for the duration of the program. Each day, participants will engage in a variety of **structured group activities** facilitated by Argentina 4-H, including cultural excursions, Spanish language activities, and participation in local 4-H activities. **This program model** will allow participants to lead, learn, and grow as a cohort throughout their international experience. Particular emphasis will be placed on soccer and orchestra, two of Argentina 4-H's primary youth activities.

#### Program Activities

- ⇒ Overnight National Departure Orientation in U.S. gateway city
- ⇒ Arrival & departure orientations in Córdoba
- ⇒ Group Spanish language instruction in the mornings
- ⇒ Participation in local 4-H activities, including both music & soccer
- ⇒ Sightseeing & cultural excursions
- ⇒ Multi-day 4-H camp in Argentine countryside

#### Program Timeline

- |               |   |
|---------------|---|
| January 15:   | Application & \$1,000 first deposit due   |
| February:     | States' 4-H notifies applicant of acceptance  |
| March 15:     | \$1,000 second deposit due to States' 4-H Office  |
| March 15:     | Medical form & Passport due to States' 4-H Office   |
| April:        | States' 4-H issues air tickets  |
| Early Spring: | State-level orientations  |
| May 1:        | Third and final deposit due to States' 4-H Office   |
| Late Spring   | National orientation for all Argentina delegates  |
| June 29:      | Students fly to a U.S. gateway city for National Departure Orientation the day before the international flight. |





# 2022 COSTA RICA EXCHANGE

Join a HOMESTAY EXCHANGE and  
immerse yourself in another culture!



Are you curious about daily life, culture, and 4-H in other countries?

Live with a host family in Costa Rica and immerse yourself in a world that most tourists rarely get to see. You will share everyday life with friends and relatives in your host community and build friendships that will last a lifetime.

## STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

Dates:	June 16—July 15, 2022
Capacity:	20 delegates maximum, 5 delegates minimum
Cost:	\$1,895 + airfare estimate (\$800 - \$1,300) + \$50 travel agent fee (Airfare varies based upon applicant's location)



Delegates arrive in San José for a two-night arrival orientation, which includes sightseeing and cultural activities. Afterwards, delegates meet their Costa Rican 4-S host families and begin their homestay experience. After approximately 3 weeks with their host families, delegates will gather for a two-day sightseeing excursion to Arenal Volcano National Park. The program concludes with a departure debriefing in San José.

### Program Fees Include:

- Overnight National Departure Orientation in a U.S. gateway city
- Two-night arrival orientation in San José, including sightseeing and cultural excursions
- Two-day visit to Arenal Volcano National Park
- In-Costa Rica expenses: lodging, meals, and most transportation costs (*delegates may be responsible for local bus transportation during homestay*)
- Orientation materials and States' 4-H t-shirts
- Accident & Sickness Insurance
- A portion of adult chaperone expenses

### Program Timeline\*:

January 15:	<b>Application &amp; \$1,000 first deposit due to States' 4-H Office**</b>
February:	States' 4-H notifies applicant of acceptance
March 15:	\$1,000 second deposit due to States' 4-H Office
March 15:	Medical form & Passport due to States' 4-H Office
April:	States' 4-H issues air tickets
Early Spring:	State-level orientations
May 1:	Third and final deposit due to States' 4-H Office
Late Spring:	National orientation for all Costa Rica delegates
June 16:	Students fly to a U.S. gateway city for National Departure Orientation the day before the international flight.

*\*Some states may have an earlier timeline set in order to approve documents before they are forwarded to the National Office.*

*\*\*First payment will not be deposited until applicant is accepted in February*





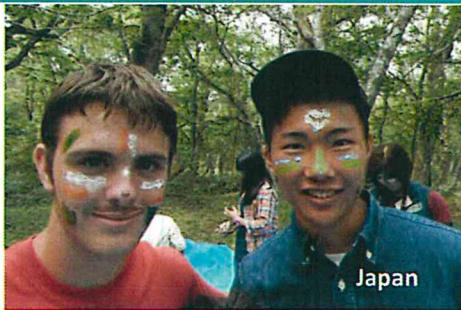
# States' 4-H International Exchange Programs

## 2022 OUTBOUND PROGRAMS

Costa Rica · Japan · Korea · Norway · Romania · Taiwan · Argentina



Costa Rica



Japan



Norway



South Korea



Romania



Taiwan



Argentina

Are you curious about daily life, culture, and youth programs in other countries?  
Travel abroad with States' 4-H and enter a world that most tourists rarely get to see.

### Program Details:

States' 4-H Summer Outbound programs provide American 4-H youth with the opportunity to travel to foreign countries for a month-long cultural immersion experience. Delegates live with volunteer host families\* and engage in experiential learning about a new way of life. Delegates experience aspects of daily life that allow them to more deeply understand both their host culture and their own culture. Our network of like-minded international partners recruit host families and plan enrichment activities.

*\*Exception: Argentina uses group accommodations on program*

### 2022 Travel Dates\*

Japan 8-week:	June 15—August 11, 2022
Costa Rica:	June 16—July 15, 2022
Norway:	June 22—July 22, 2022
Romania:	June 22—July 21, 2022
Argentina:	June 29—July 17, 2022
Japan 4-week:	July 13—August 11, 2022
South Korea:	July 20—August 18, 2022
Taiwan:	July 20—August 18, 2022

*\*Program dates subject to slight change or modification*

### Eligibility:

4-H youth ages **12 - 18** for Japan, Korea & Taiwan and **15 - 18** for Costa Rica, Norway, Romania & Argentina

### Program Information:

- Adult chaperones accompany the group during international travel and remain in-country to provide support.
- States' 4-H provides Program Handbooks that cover everything from packing lists to financial matters to cultural information.
- States' 4-H conducts group conference calls and a National Departure Orientation prior to international travel.
- No prior language study is required, but it certainly is helpful! Our international partners have English-speaking staff on hand to assist you in communication.

### Application Deadline & Program Fees:

Contact your 4-H State Coordinator for deadlines and to apply.  
*Please note that program details are subject to change.*

### For more information:

[www.states4hexchange.org](http://www.states4hexchange.org)

[OB@states4h.org](mailto:OB@states4h.org)

(206) 462-2200

 <https://www.facebook.com/states4hexchange/>

 [@states4hinternational](https://www.instagram.com/states4hinternational)